

## **Colorado Medical Directors Association Monthly Meeting**

**March 7, 2017**

CDPHE Sabin Room, 12:00 – 1:10 p.m.

Present: Emma Bjore, David Bolshoun, Rebeca Boxer, Leslie Eber, Malcolm Fraser, Greg Gahm, Shannon Gimbel, Roderic Gottula, Robert Howe, Alex Jacobs, Stanley Kerstein, Cari Levy, James Libbon, Anne Meier, Alan Miller, Sing Palat, Linda Savage, Jo Tansey, Jodie Walker, and Eric Wood

Present via Zoom: Robert Bradley, Fred Feinsod, Chris Horton, Greg Krivec, Marianne Novelli, and Larry Plunkett

### **1. Introductions around the room.**

### **2. CDPHE / Ombudsman / CHCA Update**

#### **CHCA: Jo Tansey**

They are working on new survey process. Regulation changes will be implemented by November 28, 2017. There will be 3 dementia surveys this year by CMS. They will be done by contract surveyors. It is important to look at antipsychotic use.

#### **No CHCA Update.**

#### **Ombudsman: Anne Meier**

There are 51 full and part-time ombudsmen and 22 volunteers. This amounts to 42.5 FTE across the state. There were 7,675 visits made to facilities, 3,719 complaints. 75% of complaints were resolved fully or partially. That is a complaint survey that you are not having. There are four ombudsmen serving 95 buildings in the Denver area. Anne encouraged people to work well with their ombudsman as this will benefit the resident, facility and may prevent a complaint.

### **3. HIV and Geriatrics – Lessons from The Golden Girls: Dr. James Libbon (Powerpoint presentation attached with minutes)**

This may not be on our radar but it should be! In the 1980's, HIV seemed be everywhere and talked about in lots of TV shows including the Golden Girls. Here It addressed an older demographic and showed that it could be a disease of any person. Data on elderly shows some are dating again, women less like to worry about safe sex with no fear of pregnancy. There is stigma. Less like to discuss sexual habits with doctor. Length of survival decreases as age of diagnosis increases. Dr. Libbon shared oldest living celebrity diagnosed with aids is 82. He was diagnosed in the 1980's. May be making patients older before the average time. Cardiovascular disease increases in HIV infected individuals. Age greater than 50 greatly increases the risk of admission for cardiovascular disease. Dementia is three fold higher in HIV infected individuals.

Malignancy is also more prevalent. Frailty appears more in HIV patients and at a younger age. Dr. Libbon did a lot of searching and could not find much data for the nursing home population. Most were younger, male, and unmarried. Nursing staff education is important for comfort level and care of patient. HIV is becoming more common in the elderly for many reasons. It will be important to be knowledgeable about treating HIV and HIV related illness and help to education staff in the Nursing home.

**3. Update on the New CMS Rule - Discharge Summaries: Dr. Greg Gahm  
(documents attached with these minutes)**

This essentially means more for facilities to do that they are not going to get paid for. Providers have to do more that they are not getting paid for. There are new rules about discharging summaries and discharging patients. The summary has to be done by the time patient leaves the nursing home. Physician also includes NPs, PAs, etc that can complete this discharge summary. Dr. Stan Kerstein asked where there is an emergency in the middle of the night, what is needed. Jo Tansey said this area has to be looked at more. These changes will be implemented on November 27, 2017.

**4. Update on the CMDA- University of Colorado Grant: Dr. Rebecca Boxer**

They have a federal grant. a PCORI grant, to work on advancing of infrastructure. The grant duration is nine months. This grant will help with designing and creating logo, website, etc. It promotes community engagement. They will try to hire someone. It is a stepping stone for getting a bigger grant. They have to submit bid for grant in six months.

**5. Opportunity for 2018 CMDA Annual Meeting: Dr. Rebecca Boxer**

The University of Colorado is planning a conference for next year. It will be a national conference with the National Institute on Aging regarding post-acute care. They will have speakers from around the country. Subjects will include skilled nursing and home care and also concentrate on research in LTC. They will invite industry partners. At the end of the conference, a white paper will be created regarding where care needs to go. The conference will be all day on a Wednesday, and a half-day on Thursday. Dr. Boxer wanted to know if CMDA would like to have its conference the next day, Friday. Might be able to keep speakers here for the CMDA conference. Would be an opportunity for CMDA. No additional cost for our attendees. Dr. Eber said that Ann Kokish from CHCA is also very supportive of this idea. CMDA attendees were in agreement. The University will possibly offer CME credit. NIH has some requirements. They require options for child care. Have to share diversity. This is in the possibility stage at this point.

**6. Annual Meeting Review and Update: Dr. Leslie Eber and Dr. Greg Gahm**

Planning is going well. **Presenters please note: The deadline for presentation materials to be sent to Sandi Jasper is Monday, April 10, 2017.**

7. **AMDA Annual Meeting, March 16-19**

Friday night Colorado/Wyoming reception

Information: The Arrogant Butcher, 2 East Jefferson St. #150. It is one block from the convention center, 6:00 -7:30 PM, Hors d'oeuvres and drinks.

Delegates for AMDA: look at schedule for delegation meetings.

9. **Flu update: Dr. Greg Gahm**

The flu is still out there. Some providers are concurrently treating for Pneumonia and this is usually not necessary.

10. **May CMDA** meeting will be a dinner in Denver. It will be the annual bussness meeting for CMDA. The election of officers will be held. The date for this dinner meeting has not been set.

11. **Dr. Cari Levy** is the current Vice President of AMDA. Come support her at the AMDA conference! Dr. Levy will be presenting at the conference. She was quoted in the New York Times in February. Dr. Leslie Eber, Dr. Steven Atkinson and Dr. Cari Levy are presenting on Innovative Strategies. Dr. Levy is presenting on Marijuana, and at the Futures program, Writing Session for CMD test, and Innovations in LTC. Dr. Eber is presenting on Changing Physician Behavior. Dr. Rebecca Boxer is presenting on heart failure.

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**Next CMDA Meeting**  
**Tuesday, April 4, 2017**  
**CDPHE Sabin Room, 12:00 – 1:30 p.m.**