



## Speaking Out on Pain Management Podcast

Stay current with the latest pain management techniques and explore evidence-based alternatives to opioid therapy by listening to The **Speaking Out on Pain Management**. This podcast brings you a fresh perspective from doctors, nurses, counselors and everyday pain-sufferers on the front lines of treating and living with chronic pain.

New episodes available on the second Wednesday of each month until December.

Short on time? *Listen and learn* while on the go through short episodes and mobile streaming through apps like [Apple Podcasts](#), [Google Play](#) and more. So tune in during your commute or while on your lunch break. Produced by Telligen, the Quality Innovation Network for Colorado, Illinois and Iowa. View the website for details.

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P.S.

Know anyone interested in pain management or suffering from pain? Forward this email with them!

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