

Resident Name: \_\_\_\_\_ DOB: \_\_\_\_\_ PASRR level II diagnoses: \_\_\_\_\_

ProviderName/Phone: \_\_\_\_\_ Review Date: \_\_\_\_\_

### PsychPharmTracking Tool Instructions

Last PsychPharm review date: \_\_\_\_\_ Recent/Previous BIMS score \_\_\_\_\_ Recent/Previous PHQ9 score \_\_\_\_\_

- PRN psychotropic medications have been limited to or are discontinued after 14 days.
- FDA warning indicates that antipsychotic medications *do not have an indication* for dementia, and if used, carry a Black Box warning for the increased risk of stroke and death. This must be documented.
- Black Box warning for benzodiazepine/opioid combination must be clearly justified and documented.
- Documentation for continuing medications must match the behavior tracking log.

**Non-Pharmacological Intervention** (must be attempted with documented ineffectiveness prior to initiating psychotropic medications)

#### Examples:

- massage, aromatherapy and reflexology
- physical exercise, music and dancing
- reminiscence, cognitive stimulation, arts and crafts
- entertainment and religious services
- meaningful work (helping staff with jobs), walks outside, gardening or table setting
- decrease stimulation in the environment-consider noise, light and activity
- consideration of need for room or staffing change

#### Discussion Review Questions:

- What behaviors are being treated with the medication(s)?
- Would these medications normally be expected to alleviate the identified behaviors?
- Is there consistent documentation that the behaviors stopped or improved significantly?
- Have physical causes of the behaviors been ruled out?
- What are the medication's side effects? Is the patient displaying any? If so, what has been done?
- What person-centered, nonpharmacological approaches have been tried and documented?

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### PsychPharmTracking Tool

Complete for each Medication in Review

Name of Medication	Dose/Route	Corresponding Diagnosis	Date of Last GDR	PRN Yes / No	Recommendations