

STAFF WELL-BEING HUDDLE



Working in the NHS can be a rewarding and challenging experience. It is important that we find ways of checking-in with staff on a daily basis, to surface frustrations/concerns and take actions improve the work environment/conditions. The huddle framework below can be used to run a 10 minute staff well-being huddle at the end of a shift or days work. This can be done face-to-face or virtually.

What went well?

How was teamwork and communication?

How did you look after each other today?

What are you proud of as a team today?

What could have been better ?

Any patient or service delivery issues causing a concern?

Has anyone had a conversation that caused you upset or distress?

Has anyone been unable to find equipment or advice that they need today?

Has anyone been asked to do anything they are not comfortable doing today?

Lessons learned & improvement ideas: