

# CMDA'S 28th Annual Conference PALTC 2023: Stronger Than Ever!

**CMDA - The Colorado Society for Post-Acute and Long-Term Care Medicine**

**Friday, April 28, 2023, at the Denver PPA Event Center**

January 2023

Dear Colleagues in Post-Acute and Long-Term Care,

For the 28<sup>th</sup> year, CMDA – The Colorado Society for Post-Acute and Long-Term Care Medicine (PALTC) is presenting its annual conference highlighting the highest quality of care in PALTC. ***PALTC 2023: Stronger Than Ever!*** will be held on **Friday, April 28, 2023, from 7 a.m.-5 p.m.** at the Denver PPA Event Center, 2105 Decatur St., Denver, CO 80211.

Each year, CMDA hosts expert presenters on the most salient issues in PALTC. Medical providers, medical directors, surveyors, directors of nursing, administrators, and other LTC professionals will gain valuable knowledge impacting the daily care in PALTC settings. Our providers have experienced devastating losses and have shown amazing resilience during the COVID-19 pandemic while caring for the most vulnerable people in healthcare. This conference is an opportunity to come together, stronger than ever, as a community.

This year, we are proud to partner with the University of Colorado Anschutz School of Medicine Division of Geriatric Medicine to share knowledge and expertise. Several University of Colorado faculty will be presenting at this year's conference, including the new Division Head of Geriatrics, Cari Levy, MD, PhD, CMD, a past president of both CMDA and AMDA. CMDA, in turn, will be featured at the University of Colorado Geriatrics conference in the fall of 2023 and we invite you all to join us.

We will have both in-person and livestream options for participating, although the best experience will be in-person. CMDA will adhere to the Colorado Department of Public Health and Environment recommendations for COVID-19 safety for in-person events. The event center features ample parking, several nearby hotels (Fairfield Inn & Suites by Marriott Denver Downtown, Hampton Inn & Suites Denver - Speer) and a convenient RTD stop, Empower Mile High Station.

It is our policy not to share attendee's contact information with exhibitors. The program agenda and online registration are available at [www.CMDA.us](http://www.CMDA.us). You may also register by returning the attached 2023 Registration Form with a check to: CMDA % Corecare Associates, 400 Executive Center Drive, Suite 208, West Palm Beach, FL 33401. Please contact Shane Bellotti at [sbellotti@corecare.net](mailto:sbellotti@corecare.net) or **(561) 689-6321** with any questions you may have.

Sincerely,

Allison Villegas, PA-C, Conference Co-chair  
Leslie Eber, MD, CMD, Conference Co-chair

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Denver PPA Event Center, 2105 Decatur Street, Denver, CO 80211

Friday, April 28, 2023

## Conference Agenda

Time	Topic	Speaker
<b>7–8 a.m. Breakfast with Exhibitors</b>		
8–8:10 a.m.	Our CMDA Community is Stronger Than Ever	Sing Palat, MD, CMD
8:10–8:20 a.m.	CHCA Long-Term Care Industry Update	Jenny Albertson, NHA
8:20–8:45 a.m.	Trauma-Informed Care is a Culture that Helps Us All	Lea Watson, MD, MPH
8:45–9:10 a.m.	Managing Heart Failure in PALTC	Nicole Orr, MD
<b>9:10–9:15 a.m. Questions &amp; Answers: A</b>		
9:15–9:50 a.m.	<i>Keynote: Leadership: The Missing Ingredient in Nursing Home Quality</i>	Michael Wasserman, MD, CMD
<b>9:50–9:55 a.m. Questions &amp; Answers: B</b>		
<b>9:55–10:20 a.m. Break with Exhibitors</b>		
10:20–10:45 a.m.	COPD in the Nursing Home - Guideline Updates and Treatment Considerations	Matthew Griffith, MD
10:45–11:10 a.m.	Diversity, Equity, and Inclusion – In Pursuit of Belonging	Diane Sanders-Cepeda, DO, CMD
<b>11:10–11:15 a.m. Questions &amp; Answers: C</b>		
11:15–11:25 a.m.	CDPHE Update	Elaine McManis, RN
11:25–11:50 a.m.	Year in Review: Lessons from CMDA Meetings and Journal Club	CMDA Board
<b>11:50 a.m.–12:55 p.m. Lunch with Exhibitors</b>		
12–12:25 p.m.	The Legal Aspects of Medical Errors: Strategies to Avoid Liability	Alan Horowitz, RN, Esq.
12:55–1:20 p.m.	Full Code in Nursing Homes	Cari Levy, MD, PhD, CMD
1:20–1:35 p.m.	Telligen Update: Together We Can Accomplish So Much	Christine LaRocca, MD
1:35–2 p.m.	New Applications of High Intensity Rehab and Gait Speed in PALTC	Jennifer Stevens-Lapsley, PhD
<b>2:00–2:05 p.m. Questions &amp; Answers: D</b>		
<b>2:05–2:30 p.m. Coffee with Exhibitors</b>		
2:30–3:20 p.m.	Fall Prevention Panel	Panelists
<b>3:20–3:25 p.m. Questions &amp; Answers: E</b>		
3:25–3:50 p.m.	More of a Good Thing: A Framework to Grow and Strengthen the PALTC Careforce	Erin Vigne, RN
3:50–4:15 p.m.	Caring for Patients with Parkinson's Disease in Post-acute and Long-term Care Communities	Heather Heiser, MD
4:15–4:50 p.m.	Practical Tips for Deprescribing in Older Adults	Sunny Linnebur, PharmD
4:50–5:00 p.m.	Best Pearls from the Day	Allison Villegas, PA-C Leslie Eber, MD, CMD

**Total Hours - 7.75: M = 5.25 hours of Management; C = 2.5 hours of clinical**

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## 2023 ANNUAL CONFERENCE REGISTRATION FORM

Registration is also available online at [www.CMDA.us](http://www.CMDA.us)

Name and Credentials: \_\_\_\_\_

Title and Affiliation: \_\_\_\_\_

Email Address: \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Please select from the options below. We invite you to join or renew online today to receive the discounted member rate.		Fee \$	Subtotal \$
<input type="checkbox"/>	CMDA member <b>Early-Bird</b> registration individual registration before April 15, 2023 – Includes complimentary access to conference recording	\$ 90	
<input type="checkbox"/>	NP/PA, all other specialties, <b>I want to Join/Renew my CMDA membership Today</b> , CMDA member, <b>Early-Bird</b> individual Registration before April 15, 2023	\$ 140	
<input type="checkbox"/>	Physician, <b>I want to Join/Renew my CMDA membership Today</b> , CMDA member, <b>Early-Bird</b> Individual Registration before April 15, 2023	\$ 160	
<input type="checkbox"/>	Individual, non- member, <b>Early-Bird</b> registration before April 15, 2023	\$ 180	
<input type="checkbox"/>	Individual Registration after April 15, 2023	\$ 195	
<input type="checkbox"/>	Student, CMDA membership included, <b>Early-Bird</b> Registration before April 15, 2023	\$ 90	
<input type="checkbox"/>	Registration with a group of 10 or more please call CMDA Shane Bellotti at (561) 689- 6321.		
<input type="checkbox"/>	<b>Conference recording</b> in addition to paid registration fee.	\$ 20	

**Cancellations:** Requests received on or prior to April 21, 2023, will incur a \$20 administration fee. No refunds will be given after April 21, 2023. Livestream option will be available. It is our policy not to share attendee's contact information with exhibitors. The program agenda and registration are available online at [www.CMDA.us](http://www.CMDA.us). You may also register by returning this Registration Form with a check to: CMDA % Corecare Associates, 400 Executive Center Drive, Suite 208, West Palm Beach, FL 33401. Please contact Shane Bellotti at [sbellotti@corecare.net](mailto:sbellotti@corecare.net) or (561) 689-6321, with any questions.

